



INSIDE THE COURSE

- The power of play and why it matters for every child
- How to lead with confidence and create safe, welcoming spaces
- Strategies for building inclusive programs where all kids can thrive
- The Circle of Courage and how it shapes strong leadership
- Tools for effective communication with kids, families, and coworkers
- Tips for creating a positive, connected team culture
- Real-life scenarios to help you handle challenges on the job
- Practical planning tools to support belonging, participation, and fun

READY TO
JUMP IN?

LET'S CHAT:



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<https://recreationnb.ca>



**ESSENTIAL
PLAYBOOK
TRAINING**



WHY THIS COURSE MATTERS

This isn't just a course. It's a chance to build real skills, boost your confidence, and walk away with tools you'll actually use. Essential Playbook Training is designed for people who work directly with kids, whether in programs, camps, or classrooms. It gives you the knowledge and practical strategies to lead fun, inclusive, and safe activities with less stress and more impact. Everything in this training is built to support what you do every day.

DESIGNED FOR ANYONE WORKING WITH YOUTH

Perfect if you...

- Lead or support programs for kids
- Want to grow your leadership and communication skills
- Care about inclusion and creating a sense of belonging
- Work with diverse needs and want practical strategies
- Believe in the power of play, teamwork, and positive environments



THE GAME PLAN

WHEN: Available year-round

WHERE: Anywhere in the province - we come to you

HOW IT WORKS: In-person, ~6hr training with a hands-on resource included. After the course, we're here if you need support.

COST: \$100+HST per person, a \$300+HST trainer fee, and any applicable travel costs associated with hosting the course.

KEY TAKEAWAYS

By the end you'll be able to...

- Lead safe, inclusive, and engaging play experiences for all children
- Build strong relationships that foster belonging and positive mental health
- Communicate clearly and confidently with kids, families, and co-leaders
- Handle conflict with care and model respectful problem-solving
- Create a team culture rooted in trust, collaboration, and shared goals
- Plan inclusive programs that adapt to diverse needs and abilities

FUNDING SUPPORT AVAILABLE

Funding support may be available to help offset the cost of Essential Playbook Training.

We encourage organizations to connect with their regional consultant to learn more about available funding and eligibility.

👉 Click [here](#) for the list of regional consultants

A dedicated funding option is available specifically for this training.